



## PACKING LIST

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Please realize you will be outdoors for the majority of each day and possibly some evenings. Dress according to the season, but be prepared for unpredictable and unseasonable weather. We recommend that you wear comfortable, loose-fitting clothes that you don't mind getting soiled or stained. Bring layers of clothing so you can put on/take off layers as the weather dictates. Clothing made of synthetic fibers such as polyester (fleece) sheds moisture and will keep you warmer than cotton fiber clothing.

Please leave valuable possessions at home. You will be asked to take jewelry off during various activities to insure your personal safety and the security of your valuables.

**ESSENTIAL PERSONAL GEAR** - Enough clothing for the duration of your program to include:

- RAIN GEAR (waterproof hooded jacket and pants – not a poncho!)
- Fleece/synthetic jacket or long-sleeve top
- Long pants
- Shorts
- T-shirts
- Socks and underwear
- 2 pairs of comfortable, closed-toe/heel shoes. Closed-toe shoes must be worn during all Bradford Woods led activities\*
- Slide-on shoes may be worn in the cabins
- Baseball cap or stocking hat
- Sleeping bag or blankets and sheets
- Pillow
- Bath towels
- Insect Repellent
- Sunscreen
- Water bottle
- Flashlight or headlamp
- Medications if needed
- Toiletries – soap, shampoo, toothbrush, toothpaste, etc.